

IMPORTANT TRAMPOLINE SAFETY AND PROPER USE INSTRUCTIONS

⚠ WARNING

COMPLETELY READ THE APPROPRIATE MANUAL BEFORE ASSEMBLING AND USING YOUR TRAMPOLINE. FAILURE TO FOLLOW INSTRUCTIONS AND WARNINGS COULD RESULT IN SERIOUS INJURY OR DEATH.

To reduce the risk of injury to persons:

- Read and understand all the instructions and inspect the equipment before using the trampoline. It is your responsibility to familiarize yourself with the proper use of this equipment and the inherent risks of jumping on a trampoline, such as falling on your head or neck, pinching, entrapment, or equipment failure. It is the responsibility of the owner to ensure that all users of the product are fully informed about the proper use of the equipment and all safety precautions.
- Use trampoline only with mature, knowledgeable supervision. Close supervision is necessary when the trampoline is used by children, or by or near invalids or disabled persons.
- Trampolines over 20 inches (51cm) tall are not recommended for use by children under six years of age.
- **DO NOT** use if you are over 220lbs (100kg).
- **DO NOT** allow more than one person to jump on the trampoline at any one time. Multiple jumpers increase the risk of serious injury, such as broken head, neck, back or other bones.
- **DO NOT** perform somersaults or flips. This will significantly increase your chances of landing on your head or neck and can cause serious injuries, such as paralysis or death!
- **DO NOT** jump on trampoline with snow board, skateboard, roller blades, bicycle or any other equipment not authorized by the trampoline maker.
- **DO NOT** jump off walls or building onto the trampoline. Do not use the trampoline as a springboard to jump onto other objects.
- This product is intended for outdoor non-commercial use only. **DO NOT** use indoors. **DO NOT** use in any commercial, rental, professional or stunt performance setting.
- **DO NOT** play or jump on the product during inclement weather (thunderstorms, tornadoes, hurricanes, or when it is wet or windy). High winds can lift the equipment and cause serious injury. Move the trampoline into a safe and dry storage location during severe weather conditions. If you live in an area where there are winds strong enough to move the product, you should consult a local contractor about ways to secure the product in your location.

- **DO NOT** jump on the trampoline mat with street shoes or tennis shoes. Users of the trampoline should not wear sharp or pointed objects and should not bring any sharp or pointed objects into the trampoline or the area around the trampoline. Any type of sharp or pointed objects should be removed from persons and kept off the trampoline at all times. Remove all buckles, jewelry, and other sharp or pointed objects.
- **DO NOT** allow any pets onto the mat in order to prevent the trampoline mat from being damaged.
- **DO NOT** allow any pets or children to go under the jump mat.
- **DO NOT** use unauthorized parts. This may damage the integrity of the product and will void the manufacturer's warranty.
- **ALWAYS** ensure adequate overhead clearance. Recommended overhead clearance is 26.25ft (8 meters) from ground level. Provide clearance for wires, tree limbs and other possible hazards.
- **ALWAYS** place the trampoline on a level surface before assembly and use. This trampoline is for **OUTDOOR USE ONLY**. The best surface to place your product is over flat dirt or grass, with no obstructions beneath, above or around the product.
- **ALWAYS** maintain clear space on all sides of the trampoline. Place the trampoline away from walls, structures, fences and other play equipment. Clear any obstructions beneath or around the trampoline, for example tree limbs or trunks, wires or other possible hazards.
- **ALWAYS** inspect the trampoline before each use for worn-out mats or enclosures and loose or missing parts. Make sure the frame padding is correctly and securely positioned. Replace defective components immediately and/or keep the equipment out of use until repair.
- **ALWAYS** protect enclosure net from extreme temperatures. Extreme temperatures may damage the net and cause it to tear and cause injury.
- **ALWAYS** make sure that the trampoline enclosure netting is installed and used properly at all times. The trampoline enclosure should be closed during use to prevent the user from falling off of the trampoline.
- **ALWAYS** climb on and off the trampoline while mounting or dismounting. **DO NOT** jump on or off the trampoline as this can cause serious injuries.
- **ALWAYS** consult your physician before performing any kind of physical activity.
- **ALWAYS** use the trampoline in a well-lit area. Artificial illumination may be required.
- **ALWAYS** properly store away the trampoline and enclosure when not in use and secure from any unauthorized use. Trampoline should be taken down and stored away during harsh weather conditions including extreme heat and snow or freezing temperature. Extreme temperature may cause damages and tears to the mat and netting and cause injury.
- **ALWAYS** use the trampoline wearing comfortable clothes and socks or barefoot.
- **NEVER** use the trampoline while under the influence of alcohol or drugs.

⚠ WARNING

ALWAYS START YOUR JUMP AT THE CENTER OF TRAMPOLINE MAT. FAILURE TO FOLLOW INSTRUCTIONS AND WARNINGS COULD RESULT IN SERIOUS INJURY OR DEATH.

MAXIMUM USER WEIGHT:

Maximum weight of user should not exceed 220lbs (100kg). Trampolines over 20 inches (51cm) tall are not recommended for use by children under 6 years of age.

MOUNTING AND DISMOUNTING:

Be very careful when getting on and off the trampoline. **DO NOT** mount the trampoline by grabbing the safety pad, stepping onto the springs or by jumping onto the mat of the trampoline from any object (i.e. a deck, roof or ladder). This will increase your chance of getting injured! **DO NOT** dismount by jumping off the trampoline and landing on the ground, regardless of the makeup of the ground. If small children are playing on the trampoline, they should be assisted when dismounting.

MULTIPLE JUMPERS:

No more than one person should jump on the trampoline at any one time. Multiple jumpers increase the chance of injuries being suffered, such as jumpers bumping into each other or being pushed off the trampoline or onto the springs. Generally, the lightest person on the trampoline will get injured. No more than one person at a time on the trampoline.

STRIKING THE FRAME OR SPRINGS:

When playing on the trampoline, **STAY** in the center of the mat. This will reduce your risk of getting injured by landing on the frame or springs. Always keep the frame pad covering the frame of the trampoline. **DO NOT** jump or step onto the frame pad directly as it is not intended to support the weight of a person.

MAINTAIN CONTROL:

DO NOT try difficult maneuvers, or any maneuvers until you have mastered the previous maneuver or if you are just learning how to jump on a trampoline. If you do, you will increase your risk of getting injured by landing on the frame, springs, or off the trampoline completely because you might lose control of your jump. A controlled jump is considered landing on the same spot that you took off from. If you do lose control when you are jumping on the trampoline, bend your knees sharply when you land as this will allow you to regain control and stop your jump.

SOMERSAULTS (FLIPS):

DO NOT PERFORM somersaults of any type (backwards or forwards) on this trampoline. This can cause serious injuries, including broken neck or back and even death or paralysis.

FOREIGN OBJECTS:

DO NOT allow any pets or children to go under the jump mat. **DO NOT** use the trampoline if there are pets, people, or any objects underneath the trampoline. **DO NOT** allow any pets onto the mat in order to prevent the trampoline mat from being damaged. Also, do not jump on the trampoline with snow board, skateboard, roller blades, bicycle or any other equipment not authorized by the manufacturer. **DO NOT** hold any foreign objects in your hand and **DO NOT** place any objects on the trampoline while anyone is playing on it. Please be aware of what is overhead when you are playing on the trampoline. Tree limbs, wires or other objects located over the trampoline will increase your chance of getting injured. **DO NOT** use unauthorized **Trainor Sports** parts. This may damage the integrity of the product and will void the manufacturer's warranty.

INCLEMENT WEATHER:

DO NOT play or jump on the product during inclement weather (thunderstorms, tornadoes, hurricanes, or when it is wet or windy). High winds can lift the equipment and cause serious injury. Move the trampoline into a safe and dry storage location during severe weather conditions. If you live in an area where there are winds strong enough to move the product, you should consult a local contractor about ways to secure the product in your location.

USE OF ALCOHOL AND DRUGS:

DO NOT consume any alcohol or drugs when using this trampoline! This will increase your chances of physical injury since these foreign substances impair your judgment, reaction time and overall physical coordination.